

Feelings/Emotions BINGO

afraid
appreciative
alarmed
apprehensive
angry
ashamed
annoyed
awful
anxious
baffled
confused
content
calm
cranky
compassionate
concerned
depressed
disappointed
embarrassed
excited
fuming
furious

fuming
furious
frightened
glad
frustrated
grateful
happy
grouchy
grumpy
guilty
lonely
mad
proud
silly
sad
shy
terrific
thankful
unhappy
upset

- Included are 25 Bingo Cards
- To the left are the words for 'Feeling Bingo'
- You can offer the players a free centre if you wish
- Call out any feeling word and have students put the chip on the word. When they get a line or a full card the game is over. Track each word as you call it out.
- For another option, you can use the blank bingo cards and let the students choose their words from this list.
- Use this opportunity to have students tell a time when they felt this way as they search the card for the feeling word. There is a bit more time required to look for the words as you won't be identifying which column the

words are in. This permits times to discuss the feeling/emotion.

appreciative	fuming	silly	grateful	angry
apprehensive	guilty	compassionate	glad	disappointed
annoyed	unhappy	sad		
anxious	lonely	happy		
grouchy	cranky	frustrated		

words are in. This permits times to discuss the feeling/ emotion.

grateful	mad	angry	baffled	annoyed
calm	excited	guilty	grumpy	glad
silly	frightened	depressed	lonely	upset
cranky	frustrated	compassionate	afraid	content
grouchy	terrific	disappointed	ashamed	concerned

appreciative	fuming	silly	grateful	angry
apprehensive	guilty	compassionate	glad	disappointed
annoyed	unhappy	sad	frightened	concerned
anxious	lonely	happy	awful	baffled
grouchy	cranky	frustrated	embarrassed	depressed

disappointed	shy	apprehensive	upset	annoyed
frustrated	glad	thankful	content	baffled
excited	ashamed	grateful	concerned	sad
cranky	embarrassed	calm	appreciative	furious
unhappy	silly	guilty	terrific	confused

grateful	mad	angry	baffled	annoyed
calm	excited	guilty	grumpy	glad
silly	frightened	depressed	lonely	upset
cranky	frustrated	compassionate	afraid	content
grouchy	terrific	disappointed	ashamed	concerned

excited	awful	afraid	embarrassed	content
grouchy	disappointed	thankful	baffled	silly
guilty	glad	sad	grumpy	cranky
lonely	alarmed	concerned	anxious	happy
calm	compassionate	terrific	mad	annoyed

thankful	afraid	apprehensive	grumpy	compassionate
happy	ashamed	frustrated	furious	excited
mad	angry	unhappy	upset	lonely
calm	disappointed	content	guilty	concerned
frightened	sad	fuming	grouchy	depressed

shy	embarrassed	frightened	silly	content
depressed	sad	calm	lonely	alarmed
thankful	afraid	furious	annoyed	ashamed
concerned	mad	grumpy	happy	fuming
awful	grouchy	anxious	terrific	proud

lonely	anxious	glad	furious	awful
concerned	ashamed	content	appreciative	baffled
guilty	annoyed	fuming	frightened	depressed
grumpy	afraid	cranky	grouchy	calm
proud	embarrassed	disappointed	sad	mad

confused	shy	terrific	apprehensive	frustrated
glad	ashamed	alarmed	angry	concerned
awful	thankful	depressed	silly	upset
annoyed	embarrassed	anxious	grouchy	disappointed
lonely	sad	unhappy	guilty	baffled

unhappy	guilty	awful	calm	depressed
grateful	annoyed	excited	proud	baffled
afraid	glad	anxious	fuming	sad
lonely	content	grumpy	frightened	grouchy
compassionate	confused	apprehensive	disappointed	alarmed

appreciative	anxious	proud	frustrated	grumpy
angry	awful	grouchy	silly	thankful
calm	annoyed	frightened	cranky	alarmed
compassionate	concerned	unhappy	ashamed	happy
lonely	grateful	shy	depressed	mad

shy	lonely	concerned	baffled	upset
alarmed	happy	angry	calm	compassionate
afraid	guilty	frustrated	disappointed	sad
glad	grouchy	grumpy	proud	mad
content	apprehensive	terrific	awful	appreciative

ashamed	anxious	excited	mad	alarmed
shy	grateful	happy	glad	compassionate
embarrassed	proud	cranky	concerned	annoyed
appreciative	frightened	depressed	grouchy	frustrated
disappointed	grumpy	sad	content	guilty

calm	ashamed	embarrassed	grouchy	glad
awful	lonely	confused	shy	depressed
thankful	appreciative	angry	mad	anxious
frustrated	alarmed	excited	happy	baffled
disappointed	grateful	proud	terrific	annoyed

sad	baffled	grumpy	depressed	unhappy
thankful	confused	apprehensive	terrific	appreciative
excited	awful	annoyed	guilty	frightened
grateful	grouchy	happy	compassionate	upset
content	furious	cranky	proud	calm

afraid	anxious	thankful	proud	frustrated
ashamed	glad	calm	frightened	depressed
grateful	excited	happy	appreciative	annoyed
awful	silly	apprehensive	alarmed	shy
terrific	fuming	cranky	embarrassed	confused

ashamed	guilty	lonely	shy	disappointed
furious	grateful	upset	angry	alarmed
terrific	thankful	anxious	compassionate	silly
afraid	depressed	appreciative	content	apprehensive
excited	happy	concerned	unhappy	awful

disappointed	frustrated	depressed	annoyed	concerned
grouchy	ashamed	sad	apprehensive	frightened
terrific	grateful	angry	confused	awful
cranky	content	lonely	excited	mad
thankful	calm	afraid	guilty	glad

grumpy	baffled	anxious	proud	unhappy
depressed	confused	furious	alarmed	apprehensive
annoyed	calm	fuming	angry	frustrated
concerned	silly	ashamed	guilty	embarrassed
shy	content	frightened	afraid	mad

proud	grateful	appreciative	terrific	alarmed
lonely	cranky	embarrassed	thankful	calm
frustrated	compassionate	glad	fuming	anxious
afraid	excited	shy	ashamed	frightened
confused	mad	content	furious	guilty

fuming	thankful	frustrated	angry	alarmed
terrific	appreciative	awful	grumpy	cranky
grouchy	annoyed	compassionate	confused	proud
embarrassed	ashamed	guilty	shy	mad
glad	upset	calm	disappointed	anxious

confused	upset	concerned	calm	thankful
furious	glad	baffled	unhappy	angry
excited	sad	guilty	terrific	silly
alarmed	ashamed	grateful	cranky	apprehensive
grumpy	happy	afraid	shy	disappointed

mad	guilty	fuming	disappointed	grouchy
proud	cranky	silly	lonely	ashamed
grumpy	annoyed	concerned	alarmed	appreciative
grateful	baffled	apprehensive	anxious	content
depressed	frightened	excited	furious	angry

sad	guilty	grouchy	annoyed	mad
frightened	silly	proud	anxious	furious
ashamed	terrific	confused	upset	lonely
awful	compassionate	happy	depressed	excited
afraid	shy	apprehensive	disappointed	unhappy

glad	anxious	terrific	frustrated	upset
angry	alarmed	depressed	grouchy	mad
grumpy	proud	disappointed	guilty	concerned
thankful	calm	frightened	cranky	embarrassed
annoyed	grateful	lonely	furious	unhappy

lonely	grumpy	unhappy	grateful	upset
ashamed	happy	annoyed	appreciative	frightened
sad	thankful	silly	apprehensive	compassionate
proud	shy	glad	calm	mad
confused	terrific	frustrated	embarrassed	grouchy

